

EPHESIANS: Week 10 – How to Win

Open in Prayer

Welcome/Introductions/Cast Vision

Remind the Grow Group of the ground rules

Share context of the story *[Provide context by sharing the information below.]*

In chapter 4 of Ephesians, Paul has challenged believers and equipped them to understand their call to ministry. In addition, he concludes this chapter with a call to good conduct. Paul states that believers are no longer to walk in unworthy ways, but to put off the old man and be renewed by the spirit of the mind. In this passage, Paul describes a healthy Christian walk in simple guidelines and he expresses the love of Christ to all through forgiveness and kindness.

Tell the story – Ephesians 4:17-32 *[Have someone tell the story.]*

Rebuild the story *[Group members tell the story together based on what they remember.]*

Read the story out loud *[Read the scripture passage to see if anything was added or omitted.]*

Discuss these questions:

1. What do we learn about God from this passage? *[God transforms believers into new creations (II Cor. 5:17); God calls us to be transformed by the renewing of our minds (Romans 12:2); God challenges us to be alert and aware of the schemes of the devil (I Peter 5:8); God wants us to encourage one another and build each other up; God calls us to forgive others in the same manner as He has forgiven us; the Holy Spirit produces in us love, joy, peace, patience, kindness, goodness, gentleness, faithfulness, and self-control; etc.]*
2. What do we learn about Man/Us from this passage? *[As a believer, I am to no longer walk in unworthy ways (v. 17); I need to renew my mind daily in the Spirit (v.23); I am not to lie or bear false witness for we are members of one body (v. 25); I am to not be angry and to not let things go unresolved (v. 26); I should not steal, but rather work for what is good (v. 28); what comes out of my mouth is to be edifying to the Father and to others (v. 29); I am to be kind to others and forgive as He forgave me (v. 32); etc.]*
3. What is God saying to you specifically through this passage as it pertains to your life, marriage, family, and work?
4. In light of what you've learned today, what do you need to do to obey God?

Other questions specific to this passage:

1. Look at the sins Paul mentions in verses 25-32 that we are to get rid of. Which of these sins is the greatest temptation for you? How so?
2. How can you "put off" the old man and "put on" the new man?

Assign next week's passage – Ephesians 5:1-21 *[Ask someone to tell the story next week.]*

Close in Prayer

EPHESIANS: Week 10 – Leadership Coaching

The purpose of this page is to help you sharpen your skills as a Grow Group leader. Each week, we will include concepts, challenges, and resources designed to assist you as you lead and shepherd your Grow Group and grow as a disciple yourself.

Leading *[learn to facilitate your group more effectively]*

Not all good leading tips are for during Grow Group! Here are a few things to consider:

- ☐ Make sure everyone knows the scripture passage you will be covering this week.
- ☐ Pray specifically for your Grow Group time, before your group members arrive.
- ☐ Follow-up with important things people mention while sharing during Grow Group like upcoming appointments, special prayer requests, and other concerns.
- ☐ Don't forget the value of group fellowship time. While we highly encourage you to have one on one time with everyone in your group, plan things to do together as a group. If your Grow Group has lots of children, plan family events that can involve everyone.

Shepherding *[know the sheep, feed the sheep, lead the sheep, protect the sheep]*

- ☐ Be thinking this week about how you can challenge your Grow Group members to step up to the next level.
- ☐ Is there someone you need to ask/encourage to tell the story or facilitate?
- ☐ Who could you ask to check on a group member who has not been attending lately?
- ☐ Who is not currently serving at church that might need help finding a place to serve?

Developing *[grow as a disciple yourself]*

- ☐ Read Ephesians 3:14-21. This is a prayer that Paul prayed for the believers at Ephesus.
"For this reason I bow my knees before the Father, from whom every family in heaven and on earth derives its name, 16) that He would grant you, according to the riches of His glory, to be strengthened with power through His Spirit in the inner man, 17) so that Christ may dwell in your hearts through faith; and that you, being rooted and grounded in love, 18) may be able to comprehend with all the saints what is the breadth and length and height and depth, 19) and to know the love of Christ which surpasses knowledge, that you may be filled up to all the fullness of God. 20) Now to Him who is able to do far more abundantly beyond all that we ask or think, according to the power that works within us, 21) to Him be the glory in the church and in Christ Jesus to all generations forever and ever. Amen."
- ☐ Read it again, out loud, and imagine that Paul is praying this over you.
- ☐ If you are married, pray this prayer for your spouse.