

PSALMS: Week 9 – Wrestling with Insecurity

Open in Prayer

Welcome/Introductions/Cast Vision

Remind the Grow Group of the ground rules

Share context of the story *[Provide context by sharing the information below.]*

Psalms 139 was authored by David and celebrates the omnipresence and omniscience of God. This psalm stands preeminent and is often referred to as the “crown of the Psalms.” David was overwhelmed at the intimate way that God knew him. God formed us in our mother’s womb and ordained all of our days before a single one came to be. Like David, we have great reason to proclaim His greatness to everyone around us.

Tell the story – Psalms 139 *[Have someone tell the story.]*

Rebuild the story *[Group members tell the story together based on what they remember.]*

Read the story out loud *[Read the scripture passage to see if anything was added or omitted.]*

Discuss these questions:

1. What do we learn about God from this passage? *[God knows everything about me; God knows my thoughts and the motives behind my actions; God knows what I am going to say even before I say it; God desires to have an intimate and personal relationship with me; God desires to lead me and guide my path (verse 10); God is my Creator; God alone is worthy of my praise; God is my protection; it is truly amazing that God thinks of us often (verse 17); God deserves my life; etc.]*
2. What do we learn about Man/Us from this passage? *[I cannot escape the presence of God; I mistakenly think that I can hide my sin from God; I can rest confidently in the love and care of my Heavenly Father; I should be astounded and amazed by His knowledge of me; not even death can separate me from God’s love (Romans 8:38-39); I can become prideful in my knowledge; my knowledge is nothing compared to God’s; I should ask the Lord to examine my thoughts and motives, seeking to honor Him; etc.]*
3. What is God saying to you specifically through this passage as it pertains to your life, marriage, family, and work?
4. In light of what you’ve learned today, what do you need to do to obey God?

Other questions specific to this passage:

1. Although we may believe God is everywhere, we don’t always experience it. In what ways have you sensed God’s presence recently? Do you feel near to God or distant?
2. How do people try to “flee” from God? Have you ever tried it? Why?

Assign next week’s passage – Ephesians 1:1-14 *[Ask someone to tell the story next week.]*

Close in Prayer

PSALMS: Week 9 – Leadership Coaching

The purpose of this page is to help you sharpen your skills as a Grow Group leader. Each week, we will include concepts, challenges, and resources designed to assist you as you lead and shepherd your Grow Group and grow as a disciple yourself.

Leading *[learn to facilitate your group more effectively]*

A great way to start Grow Group, especially when a first time guest is present, is by asking a simple icebreaker question.

Here are a few samples:

- ☐ What is one thing you would like to accomplish before your next birthday?
- ☐ Say a phrase (five words or less) that describes your day yesterday.
- ☐ Finish this sentence: When I was little, I thought I wanted to be...

Shepherding *[know the sheep, feed the sheep, lead the sheep, protect the sheep]*

Have you identified an apprentice for your group? Are you giving them an opportunity to lead while you observe? If not, make plans to do that soon! After Grow Group, meet with them one-on-one to debrief the experience with them. Encourage them to attend BootCamp on August 27th as another step towards becoming a leader.

Developing *[grow as a disciple yourself]*

As you work to create a relational environment, remember that you can only do your part. Ask the Lord to help you avoid feeling discouraged when someone doesn't respond the way you hoped. Instead, seek the Lord and ask Him if you did your part. If you did, rest in the truth that God will do His part, and pray that they will choose to do their part.

If the Lord shows you an area where you can improve, share that revelation with the other leaders of your Grow Group or your Grow Group Coach. Start working on growing in that area together. Sharing with others a thing that you are working on is a great way to allow them to serve you by holding you accountable.