

## PSALMS: Week 2 – Wrestling with Silence

### Open in Prayer

### Welcome/Introductions/Cast Vision

### Remind the Grow Group of the ground rules

### Share context of the story *[Provide context by sharing the information below.]*

Psalms 19 was written by David who is described as the “chief musician.” In his early years, as the keeper of his father’s flock, David was continually exposed to the beauty of God’s creation. David was also a great lover of God’s Word. In this psalm, David contrasts and compares nature and Scripture to magnify the excellence and glory of Almighty God who is ultimately worthy of our praise.

### Tell the story – Psalm 19 *[Have someone tell the story.]*

### Rebuild the story *[Group members tell the story together based on what they remember.]*

### Read the story out loud *[Read the scripture passage to see if anything was added or omitted.]*

### Discuss these questions:

1. What do we learn about God from this passage? *[The glory of God is continually seen in His creation; God’s law is perfect and brings restoration to our souls; God is the Creator of all things; God is intricate in His design; the Lord is our Redeemer; the Lord looks beyond my actions to my motives; God is righteous; God blesses those who keep His Word; God’s instructions are completely trustworthy; God is worthy of every moment of my life; God calls me to live by faith in Him; etc.]*
2. What do we learn about Man/Us from this passage? *[I sometimes worship creation over the Creator; I cannot save myself by performing good works (Ephesians 2:8-9); the words that I say should glorify Jesus Christ (verse 14); my thoughts should bring glory to God; I can try to keep my sin secretly hidden from others, but the Lord knows it all; in spite of my trust in the Lord, I can deliberately choose to sin; I can let sin control my thoughts and actions; my appetite for God’s Word needs to increase; etc.]*
3. What is God saying to you specifically through this passage as it pertains to your life, marriage, family, and work?
4. In light of what you’ve learned today, what do you need to do to obey God?

### Other questions specific to this passage:

1. From an amazing sunset to a beautiful sunrise, what is the most amazing picture of the Lord’s creation that you have had the privilege of seeing? What amazed you about it?
2. What are ways that you can increase your daily appetite for God’s Word?

### Assign next week’s passage – Psalm 23 *[Ask someone to tell the story next week.]*

### Close in Prayer

## PSALMS: Week 2 – Leadership Coaching

*The purpose of this page is to help you sharpen your skills as a Grow Group leader. Each week, we will include concepts, challenges, and resources designed to assist you as you lead and shepherd your Grow Group and grow as a disciple yourself.*

### **Leading** *[learn to facilitate your group more effectively]*

Make sure to protect the Biblical aspect of your group. After storying the passage, do not neglect to read it straight from the Bible. When people ask questions, make sure that the source of your answers is the Word of God. At the end of every meeting, urge group members to commit to a specific application that God has spoken to them about. Encourage them to tie that to a specific verse of scripture that they can memorize and use in prayer. Tying the application to scripture reminds all of us that our commitment is to God and not ourselves.

### **Shepherding** *[know the sheep, feed the sheep, lead the sheep, protect the sheep]*

Talking about application is a huge part of discipleship. Sometimes people need to talk through what this looks like in real life. Application is difficult, not just because it sometimes doesn't seem clear, but also because it often means that we must act counter-culturally. We need to admit this difficulty to those we are discipling and walk with them through this challenge. Too many Christians prefer the wisdom of the world, assuming biblical solutions are old-fashioned, judgmental, or meaningless. We need to teach those we are discipling why and how to be counter-cultural. To do so, we will need to be authentic and transparent about some of our own struggles in this area.

### **Developing** *[grow as a disciple yourself]*

We all live such busy lives that it can sometimes cause us to forget the critical importance of our own personal time alone with God. We cannot successfully disciple others in things we are not doing. Surround yourself with people who challenge you and check on you as well.

Here are a few tips on making your time with God beneficial:

1. Open in prayer.
2. Always include time in God's Word.
3. Include a time of silence to just listen to God, as well as, time to talk with Him.
4. Pick a time that you will not be rushed or distracted.
5. Take the time to journal what God is saying to you – how He is challenging you, and encouraging you.
6. Close in prayer.