

PSALMS: Week 1 – Wrestling with Compromise

Open in Prayer

Welcome/Introductions/Cast Vision

Remind the Grow Group of the ground rules

Share context of the story *[Provide context by sharing the information below.]*

As the gateway to the rest of the Psalms, Psalm 1 calls for believers to meditate and delight in God's Word. His Word then gives believers the resilience of a mighty tree that has a continual source of living water. We then serve the Lord not out of duty, but out of the overflow of an abiding and personal relationship with Jesus. Because of this relationship, disciples of Jesus can enjoy peace and contentment regardless of their circumstances.

Tell the story – Psalm 1 *[Have someone tell the story.]*

Rebuild the story *[Group members tell the story together based on what they remember.]*

Read the story out loud *[Read the scripture passage to see if anything was added or omitted.]*

Discuss these questions:

1. What do we learn about God from this passage? *[God's Word gives us a path for living; God wants us to delight in His Word; God wants us to meditate continually on the truths of Scripture; God blesses the person that follows His directions; God calls us to abide in an intimate and personal relationship with Him; God will bring spiritual transformation (fruit) to His disciples; God is all-knowing (omniscient); God is a righteous Judge; etc.]*
2. What do we learn about Man/Us from this passage? *[I can allow ungodly relationships to distract me from fully following the Lord; I struggle with spending time in God's Word on a consistent basis; I seem to always find the time to do the things I enjoy; I need to fall more in love with Jesus; if I don't abide in a personal relationship with the Lord, I can quickly dry up spiritually; I need to hide God's Word in my heart so that I might not sin against God (Psalm 119:11); etc.]*
3. What is God saying to you specifically through this passage as it pertains to your life, marriage, family, and work?
4. In light of what you've learned today, what do you need to do to obey God?

Other questions specific to this passage:

1. Psalm 1 challenges believers to love what God commands and meditate on those truths. Do you struggle having a consistent time daily in God's Word? If so, why?
2. Who could you ask to help keep you accountable to daily spend time in God's Word?

Assign next week's passage – Psalm 19 *[Ask someone to tell the story next week.]*

Close in Prayer

PSALMS: Week 1 – Leadership Coaching

The purpose of this page is to help you sharpen your skills as a Grow Group leader. Each week, we will include concepts, challenges, and resources designed to assist you as you lead and shepherd your Grow Group and grow as a disciple yourself.

Leading *[learn to facilitate your group more effectively]*

Are we committed to follow-up? Relationally centered Grow Groups are a core part of who we are as a church family. Each Sunday, we steer people to groups where they can connect and be discipled. Please take time to follow up with these potential group members. This can be a simple e-mail or phone call to invite them to visit your Grow Group. You can go a step further and meet them for coffee to hear their story and ask how your group can support them. Let's do our very best to help each person connect!

Shepherding *[know the sheep, feed the sheep, lead the sheep, protect the sheep]*

As Grow Group leaders, sometimes we invite on numerous occasions with no response. This can be extremely frustrating. Understanding the source of a problem can sometimes give you a new perspective and give you new ideas on ways to reach out.

Often, people who don't take you up on your invitation to come to group are making an effort to intentionally isolate themselves. Sometimes, people view relationships as burdens, opportunities for new wounds, or opportunities to be betrayed. While all these are very real fears, the advantages of living life in community are far greater than the disadvantages.

The next time you enter a conversation with a co-worker, friend, or a parent from your kids school, take the time to ask questions. If you find out that these fears are keeping them from attending a group, pray that God would change their heart. Pray that God would give you direction on how to guide them through stepping out!

Developing *[grow as a disciple yourself]*

It's important to always remember that your family is your first priority in disciple making. Your family is your first Grow Group. A great way to start a gospel-centered conversation in your home can be by asking questions at the dinner table. Something as simple as, "Name something good that happened in your day" can be a door for you to give God glory and talk about His activity in your life.